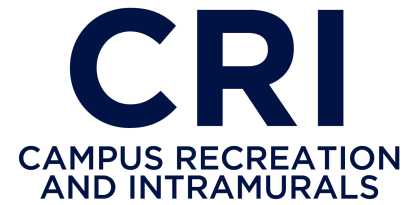




# Georgia Recreational Sports Association 2022 State Workshop Schedule of Events



Wednesday, September 21st, 2022			
Time	Topic/Activity	Location	Presenter/ Coordinator
1:00PM-5:00PM	Preconference Group Fitness Certification	ARC Group Fitness Room	Georgia Southern Savannah
1:00PM	Preconference Golf Scramble: Statesboro, GA	1031 Golf Club Rd, Statesboro, GA 30458	Georgia Southern Statesboro
3:00PM-4:00PM	Hotel check in		

Thursday, September 22, 2022			
Time	Topic/Activity	Location	Presenter/ Coordinator
9:00AM-11:00AM	Registration Open/ Vendor Expo/Tours	ARC Gymnasium	Georgia Southern
11:00AM-11:15PM	Welcome Dr. Little (VPSA, Georgia Southern) and Intro of GRSA Board	ARC Gymnasium	Georgia Southern
11:15AM-12:00PM	Keynote Speaker: Dr. Patrice Buckner Jackson	ARC Gymnasium	Georgia Southern
<b>12:00PM-12:45PM</b>	<b>Lunch/Vendor Expo</b>	<b>ARC Gym</b>	<b>Georgia Southern</b>
12:45PM-1:00PM	Conference Announcements	ARC Gymnasium	Georgia Southern
1:15PM-2:00PM	<b>Educational Session I</b>		
	Top Guns: How to Utilize Your Top Student Leaders	Student Success Center 102	Logan Bell and Marty Mullis: University of Georgia
	Red Shirts, Not Just for Freshman: Lessons learned for expanding safety audits outside of Aquatics	Student Success Center 104	Maddison Flowers and Max Holloway: Georgia Southern University
	Incorporating Team Bonding: How to Facilitate Effective and Engaging Activities with Staff	ARC Gymnasium	Courtney Walton: Georgia Southern University

## Thursday, September 22, 2022

Time	Topic/Activity	Location	Presenter/ Coordinator
2:15PM-3:00PM	<b>Educational Session II</b>		
	How Rude! Improving Your Customer Service Response for addressing and responding to Rude Behavior in Campus Recreation	Student Success Center 102	Rodney Peagues: Georgia State University
	Leading Gen Z: A fun and adventurous deep dive into leading a student staff known as Generation Z	Student Success Center 104	Jason Salzer: Georgia Southern University
	Polishing Diamonds: Creating a Successful Cycling Mentorship Program	ARC 225	Leigh Johnson: Georgia Southern University
3:15PM-4:00PM	<b>Educational Session III</b>		
	Facilitation on a Budget: Ever wanted to spice up your staff training but have minimal resources? Come to this session and learn new inventions in the facilitation industry	ARC Gymnasium	Hailey Hester: Georgia State University
	Engaging with Students Outside of the REC	Student Success Center 104	Lashica Thomas: Columbus State University
	Introduction to Powerlifting: Come learn from the #1 Powerlifter in Georgia (90kg) on technique, program design and training	ARC Functional Fitness Center	Tevin Duncan: CSCS Strength and Conditioning Coach
<b>4:15pm-6:00pm</b>	<b>Tours and Hotel Check In</b>		
6:00PM-9:00PM	GRSA Dinner 6:30PM /Scholarship Auction/Social	Service Brewery	574 Indian St, Savannah, GA 31401

## Friday, September 23rd, 2022

Time	Topic/Activity	Location	Presenter/ Coordinator
6:15AM-8:30AM	<b>Optional Early-Bird Activities:</b> ARC facility open for exercise	ARC	Georgia Southern
7:00-7:45AM	Cycle Class: Schwinn Master Trainer	ARC Group Exercise Room	Leigh Johnson
9:00AM-9:45AM	<b>Round Tables</b> Competitive Sports - Drew Bruton (SSC 104) Fitness - Leigh Johnson (Group Fitness Room) Facilities - Kacy Tolberg (ARC 225) Outdoor - Nic Klinge (Gym) Aquatics- Max Holloway (Gym) Director-Timber Hines (SSC 102)		Georgia Southern
10:00AM-10:30AM	GRSA Business Meeting	ARC Gymnasium	GRSA
10:45AM-11:30AM	The Mindful Method: Cultivating Curiosity And Communication For Change	ARC Gymnasium	America Minc-Lavender Georgia Southern University
11:30AM-12:30PM	Lunch & Dismissal	ARC Gymnasium	Georgia Southern

